

# *Recommended Reading*



for parents of children of all ages with

## *Autism Spectrum Disorder and challenging behaviors*

*These titles are available to members in our Lending Library*

 **AUTISM SOCIETY**  
*Improving the Lives of All Affected by Autism*

*Southeastern Wisconsin*

Compiled by the Autism Society of Southeastern Wisconsin.  
Ask about membership, which includes library privileges:

414-988-1260  
info@assew.org  
www.assew.org

*Challenging behaviors are often be the most difficult aspect of Autism Spectrum Disorders for parents. The following books provide information to help you understand why children and/or adults with autism do things that may appear to be “misbehaving,” such as tantrum, have meltdowns, injure themselves or others, or run away. There are also effective tips and tools for parents, caregivers, and educators for managing behaviors.*

**Addressing the Challenging Behavior of Children with High-Functioning Autism/Asperger Syndrome in the Classroom (A Guide for Teachers and Parents)** by Rebecca A. Moyes

**Asperger Syndrome and Difficult Moments** by Brenda Smith Myles and Jack Southwick

**Asperger Syndrome and Rage** by Brenda Smith Myles and Jack Southwick

**Challenging Behavior and Autism** by Philip Whitaker, et al

**The Challenging Child** by Stanley I. Greenspan and Jacqueline Salmon

**Encouraging Appropriate Behavior for Children on the Autism Spectrum** by Shira Richman

**Exploring Feelings: Cognitive Behavior Therapy to Manage Anxiety and Exploring Feelings: Cognitive Behavior Therapy to Manage Anger** by Tony Atwood

**The Explosive Child** by Ross W. Greene

**It Can Get Better: Dealing With Common Behavior Problems in Young Autistic Children** by Paul Dickinson, et al

**Managing Meltdowns (Using the S.C.A.R.E.D. Calming Technique With Children and Adults With Autism** by Deborah Lipsky and Will Richards

*It can be helpful to know that you're not the only one dealing with this. Please join us at our next Morning Coffee Parent's Support Group meeting. See our latest newsletter or the website's calendar for the schedule.*

**No More Meltdowns: Positive Strategies for Dealing With and Preventing Out-Of-Control Behavior** by Jed Baker

**Parenting With Positive Behavior Support** by Meme Hieneman, Karen Childs, and Jane Sergay

**People With Autism Behaving Badly** by John Clements

**Positive Behavioral Support** by Lynn Kern Koegel and Robert L. Koegel

**Solving Behavior Problems in Autism** by Linda A. Hodgdon

**The Way to A: Empowering Children with Autism Spectrum and Other Neurological Disorders to Monitor and Replace Aggression and Tantrum Behavior** by Hunter Manasco and Katharine Manasco

*Also, understanding better what it's like from the perspective of a person who has autism might help you to see that all behavior is communication. Here are a few books written by people diagnosed with Autism Spectrum Disorders:*

**Emergence: Labeled Autistic and Thinking In Pictures** by Temple Grandin

**How Can I Talk If My Lips Don't Move? and The Mind Tree** by Tito Rajarshi Mukhopadhyay

**Nobody Nowhere** by Donna Williams

**There's A Boy In Here** by Sean and Judy Barron