

National Study of Vitamin/Mineral Supplement for Autism

Enrollment continues for study at Arizona State University

As announced last month, parents and caregivers are invited to enroll individuals with autism to participate in a research study of a new liquid Vitamin/Mineral Supplement. This study has been approved by the Human Subjects Institutional Review Board at Arizona State University.

Purpose:

The Purpose of the study is to evaluate the possible effectiveness of a new vitamin/mineral supplement in reducing the symptoms of autism.

This will be a national study of children and adults with autism spectrum disorders.

Study Design:

- * 12-week treatment study
- * Double-blind, placebo-controlled (meaning half of the participants receive the real supplement)
- * Includes behavioral assessments only (no blood tests)

Eligibility Criteria:

- * Open to children and adults ages 3-60 years
- * Must have certified diagnosis of autism spectrum disorder (autism, PDD-NOS, or Asperger's)
- * No use of a vitamin/mineral supplement in the last two months

Researchers:

James B. Adams, Ph.D., Professor of School of Materials at Arizona State University, and Sharon McDonough-Means, M.D., Developmental Pediatrician.